



Team Information Pack

Saturday 9th & Sunday 10th March 2013

English Institute of Sport Sheffield, Coleridge
Road, Sheffield, S9 5DA

This information pack includes all the information necessary to support you to attend the British Gymnastics National GymFusion. Any details that need confirming nearer the time will be sent directly to you via email after your confirmed registration.

1.0 The Great British GymFusion

GymFusion is the British Gymnastics National Festivals Programme. It offers the chance for teams of gymnasts to perform in a show style, non-competitive event where the emphasis is on fun and friendship.

The **2013 Great British GymFusion** will be the second time this event has run and we welcome teams of all ages and all disciplines to participate. The National GymFusion will offer a fantastic experience for both gymnasts and spectators alike with incredible staging, lighting and effects along with workshops and exhibition areas to entertain the whole family. GymFusion captures the ethos of our Gymnastics for All Programme; the bringing together of gymnasts of all ages, abilities, genders and cultural backgrounds to enjoy participating in our fantastic sport.

As well as the chance to perform across both days, there will be a gala performance called 'Jukebox – A Whirlwind Tour Through the Decades of Gymnastics and Music' on the Saturday evening, where selected teams from across the country will be performing their routines alongside some special guests.

1.2 Equipment

The equipment provided will consist of a full sprung floor area, a tumble track, 2 trampolines, 1 trampette with 4 safety landing modules. If clubs require extra equipment they must provide and arrange transport for these themselves.

Top of the range backdrop, lighting and sound systems will be in place to ensure the performances are brought together to create a show.

1.3 Event Programme

	Saturday Session	Sunday Session	Evening Gala
Times (tbc)	13.00 – 16.00	12.00 – 15.00	19.30 – 22.00
Number of performance slots	25	25	12
Cost to register team	£30	£30	N/A
Cost per participant	£15	£15	N/A
	£18 to perform on both days		

The cost of entry per person covers the participants performance, plus an automatic ticket to watch the other performances including the 'Jukebox' gala, take part in the workshops and be entitled to the discounts applied to the event at participating outlets for example iceSheffield.

1.4 Insurance

All Gymnasts taking part will be BG members and will be accompanied and accounted for at all times by BG coaches/Club Officials.

Schools wishing to take part must attend a BG Partner School and the school will need to produce after registration a copy of their insurance certificate with a minimum indemnity of £5million.

Schools must make a paper entry via the normal gymfusion@british-gymnastics.org

2. Pre-Event Information

All the information outlined below will help you to make arrangements pre-event.

2.1 Main point of contact

All the information needed will be displayed on the GymFusion page of the BG website. Please ensure you have read through all the information before posting queries and questions.

Please send all general enquiries to gymfusion@british-gymnastics.org

2.2 Transport and Travel

We can help you to navigate your way to the venue and have provided specific travel and transport information of the location. Please navigate to the GymFusion page on the BG website for a complete travel guide.

2.3 Accommodation

If you are planning on an overnight stay, please ensure all the correct procedures are in place according to the BG policy and that the form is completed and returned no later than 6 weeks prior to the event. The 'overnight stay' form can be found on the events page of the BG website.

http://www.british-gymnastics.org/site/index.php?option=com_docman&task=cat_view&gid=274&Itemid=888&limitstart=10

Overnight Stays

Legislation requires that when a club takes a gymnast(s) under the age of 18 years on a journey involving an overnight stay, the club must ensure that there is a designated trained person responsible for child protection on the trip. To adhere to the CPSU child protection standards this person must not be related to or in a relationship with the coach attending the trip. The training for the designated person should be the BG Safeguarding and Protecting Children Awareness Course or a BG approved equivalent.

People who can be the designated person are:

- Judges
- Parent/volunteer
- Share a designated person with another club who are also attending.

All designated officers must also have a BG membership and a BG CRB in place prior to the trip taking place.

Your completed checklist and attachments must be received at British Gymnastics at least 4 weeks prior to the start of your trip in order for British Gymnastics to issue approval.

2.4 Performance Time

Performance slots are between 4 – 6 minutes. If you require a longer time slot please contact gymfusion@british-gymnastics.org as soon as possible and we will do our best to accommodate the extra time for you in the running order.

2.5 Participants

All participants must be **at least Bronze** members of British Gymnastics throughout training and at the time of the event. All participants must bring their BG membership card as proof of membership.

There is no minimum or maximum number of gymnasts that can perform within the team, subject to safety and coach ratio.

All entry is done online via GymNet. Entry opens online on 10th October 2012 and closes on 25th January 2013. A 'how to' guide will be available online to support you with your entry.

2.5 Coaches

All coaches must be members of British Gymnastics and the Head Coach for the team must hold a coaching qualification at **minimum Level 2**. We have allocated space for 2 coaches per team, but understand that we must meet the needs of the performers and the coach-to-gymnast ratio. If you wish to bring more than 2 coaches, please contact gymfusion@british-gymnastics.org. Only two coaches will be able to enter the performance and backstage areas unless we are formally notified prior to the event.

The coach(es) attending the event must be qualified in the discipline that the gymnasts will be performing and must be qualified to coach the skills being performed. (The skill must be in the coaching syllabus of their qualification)

2.8 Spectator Tickets

Tickets will go on sale through www.arenaticketshop.co.uk. All tickets will go on sale on 10th October 2012 and will cost as shown in the following table:

	9 th March Saturday Performance	10 th March Sunday Performance	9 th March Jukebox
Show Times Doors open 45 minutes before the performance start time.	13:00-16:00	12:00 – 15:00	Saturday 19:30 – 22:00
Early Bird Ticket Prices up until 31st December 2012	Adult £8 Child/Senior Citizen £4 Family Ticket £22 Group £5 pp	Adult £8 Child/Senior Citizen £4 Family £22 Group £5pp	Adult £12 Child/Senior Citizen £5 Family £25 Group £7.50pp
	Weekend Pass Adult £20 Weekend Pass Child/Senior Citizen £10		
Ticket prices from 1st January 2013	Adult £10 Child/Senior Citizen £5 Family Ticket £25 Group £5 pp	Adult £10 Child/Senior Citizen £5 Family £25 Group £5pp	Adult £15 Child/Senior Citizen £7 Family £30 Group £7.50pp
	Weekend Pass Adult £25 Weekend Pass Child/Senior Citizen £12		

2.6 Music

All music used at the event should be made known to the organisers by **25th January 2013**. By this date at the latest, the organisers will require **2 copies of music** on **different CD's** that are clearly labelled. These should be posted to the following address:

The Great British GymFusion
Attn Bette Higgs
British Gymnastics
Ford Hall
Lilleshall National Sports Centre
Newport
Shropshire
TF1- 9NB

Alternatively, a clearly noted mp3 copy can be emailed at any stage after online registration to gymfusion@british-gymnastics.org

Please be aware of the stipulations placed on the event by PPL and ensure you check whether your music is eligible by using the following search tool:

www.ppluk.com > Music Users > Audio Repertoire Search

3. GymFusion Performance

3.1 Venue

A site plan of the performance area is included on page 9 of this information pack. The venue holds 800 spectators in front facing seating.

There will be space allocated for each team in the warm up room where you can leave bags and clothing. There will be the opportunity to have **one** full run through/practice of the full team display routine with music prior to performance (please bring an additional copy of your music on CD for this purpose) This will **not** however be on a sprung floor. The Performance Hall will be opened early on the Saturday and Sunday morning if additional warm up is necessary for more complex skills that need to be practised on a sprung floor. If you will require additional warm up time on the morning of your performance, please contact gymfusion@british-gymnastics.org.

Please note that no food or drink can be bought into the arena (only sports drinks bottles are allowed). A cafeteria will be open for the duration of the GymFusion weekend serving hot and cold food and drinks and vending machines are readily available.

3.1 Accreditation

All Gymnasts must register on arrival with their BG Membership Card to allow them access on stage, backstage and to the appropriate warm up and changing areas. Participants will be issued with a wristband to prove their accreditation.

All designated coaches must also register using their BG membership card as identification and will be issued with an accreditation pass.

3.2 Apparatus

The apparatus provided in the performance venue will be provided by Continental and will consist of a sprung floor area, a tumble track, 2 trampolines, 1 trampette and safety landing modules. If the team requires any further apparatus it will be the responsibility of the team to transport this equipment and to carry out a full equipment check and risk assessment. We can only insure British Gymnastics approved equipment, so if you are unsure that the

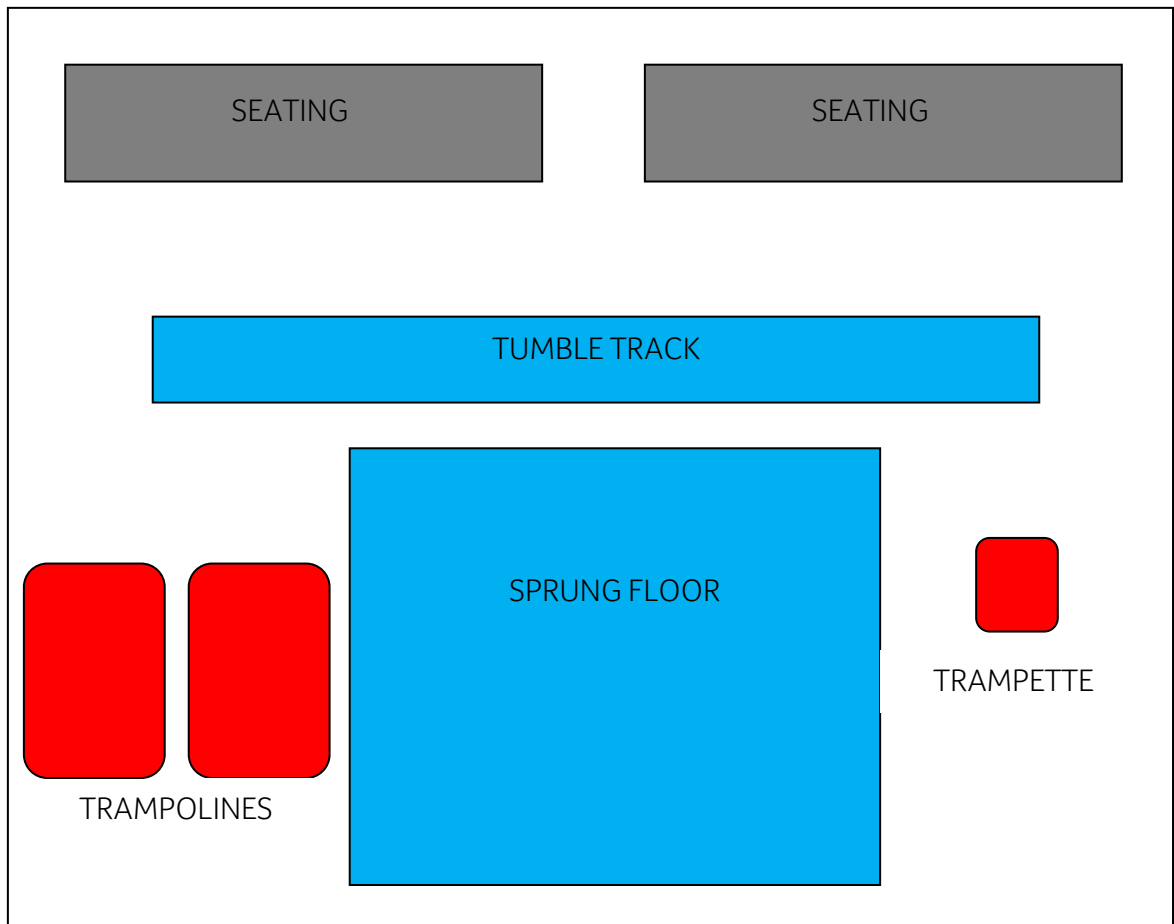
apparatus you wish to bring may not meet these criteria please contact gymfusion@british-gymnastics.org

3.3 Medical and Welfare

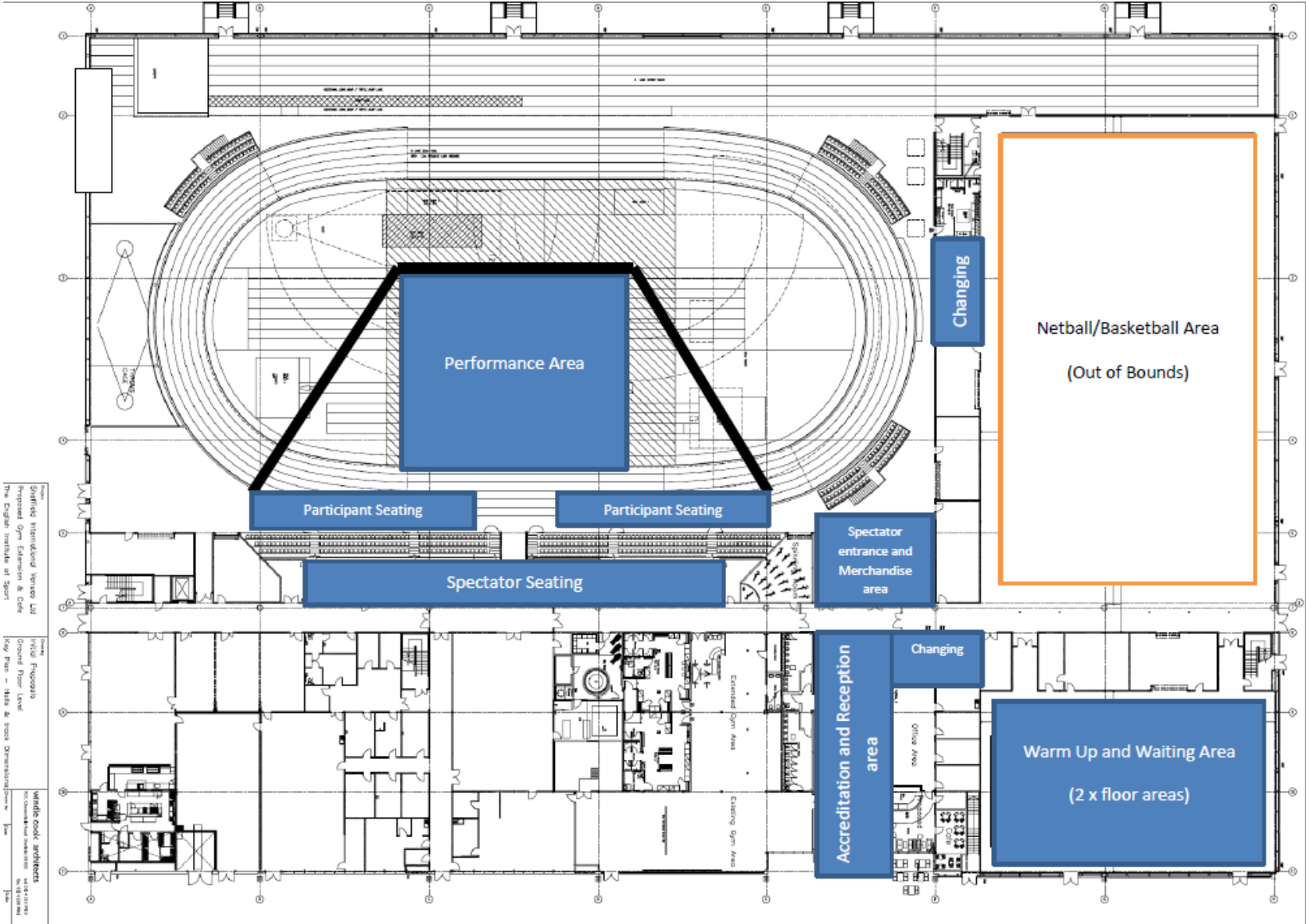
BG will provide a Physiotherapist and first aid cover at the event.

A trained Welfare Officer will be present at all times during the event.

Basic Arena Floor Layout



EIS FLOOR LAYOUT:



Travel information

By Car from M1

Leave the motorway at junction 34 (Sheffield Meadowhall). At the roundabout follow signs 'A6178 City Centre' and 'Attercliffe'. Go past Meadowhall Shopping Centre on your right and continue straight ahead. Follow signs for 'Attercliffe' and 'Don Valley Stadium / Sheffield Arena'. After you pass 'The Source' on your left, turn left at the next round about. Get into the right hand land and turn right at the next round about towards TGI Fridays which will be on your left. Travel straight on passing MacDonald's on your left and Sheffield Arena. Continue on Attercliffe Road. EIS-Sheffield is on the left (between iceSheffield and Don Valley Stadium) on Coleridge Road opposite the Natwest bank on your right.

By Car from City Centre

Travel through the Wicker and along Attercliffe Common towards Meadowhall. EIS-Sheffield is approximately 2 miles from the city centre on the right (after Don Valley Stadium).

By Bus

A large number of bus routes serve the Institute from the bus station / Sheffield Passenger Interchange and depart every 10 minutes. The numbers 69 stops outside EIS Sheffield and the 52 stops in Attercliffe just a short walk away.

By Tram

Sheffield's multi million pound light rail system has a stop close to the Institute. Trams connect to the facility from various points of Sheffield including the City Centre and Meadowhall, depart the tram at the 'Don Valley / Arena' stop. The contact number for Supertram is 0114 272 8282 (8.30am - 5pm).

Travel deals can be organised for GymFusion teams.

Please email gymfusion@british-gymnastics.org for further details.